

DEPARTMENT OF PUBLIC HEALTH

COUNTY OF SAN BERNARDINO

DISEASE CONTROL SECTION
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FOR IMMEDIATE RELEASE

August is National Immunization Awareness Month *Everyone is encouraged to make sure they have all their recommended shots*

The San Bernardino County Department of Public Health Immunization Program joins the Centers for Disease Control and Prevention and other organizations throughout the country in observing August as National Immunization Awareness Month.

August is the perfect time to remind family, friends, co-workers, and those in the community to catch up on their vaccinations. Parents are enrolling their children in school, students are entering college, and healthcare workers are preparing for the upcoming flu season.

Getting immunized is a lifelong, life-protecting community effort regardless of age, sex, race, ethnic background or country of origin, according to the Centers for Disease Control and Prevention. Recommended vaccinations begin soon after birth and continue throughout life. Being aware of the vaccines that are recommended for infants, children, adolescents and adults and making sure that we receive these immunizations are critical to protecting ourselves and our communities from disease.

If you or your child do not have health insurance or are only partially insured, ask your doctor or local health department about getting low cost vaccines. Please visit the County of San Bernardino Department of Public Health website at www.sbcounty.gov/dph for low cost clinics in San Bernardino County (click on Public Health Clinics located at the top left corner) or call the Public Health clinic at 1-800-722-4777, Monday through Friday from 8 AM to 5 PM for appointments.

For additional information about immunizations, please visit:

- California Department of Public Health, Immunization Branch: www.GetImmunizedCA.org
- Centers for Disease Control and Prevention: www.cdc.gov/vaccines
- American Academy of Pediatrics, childhood immunization support program: www.cispimmunize.org

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